

Lower Extremity Adjusting
Instructor: Paul Walton, D.C., C.C.S.P.

Sponsored by: Life Chiropractic College West
25001 Industrial Blvd, Hayward, CA 94545
(510) 780-4508

Hour 1	Discuss and demonstrate adjustive techniques for the Ankle Mortise and Talus. These adjustive techniques will include manual manipulation, drop assist and spring loaded impact tool. All adjustive techniques will be demonstrated as they relate to the normal biomechanical kinetic chain of the lower extremity.
Hour 2	Discuss and demonstrate adjustive techniques for the Calcaneus and Navicular. These adjustive techniques will include manual manipulation, drop assist and spring loaded impact tool. All adjustive techniques will be demonstrated as they relate to normal biomechanical kinetic chain of the lower extremity.
Hour 3	Discuss and demonstrate adjustive techniques for the Cuboid and Cuneiforms. These adjustive techniques will include manual manipulation, drop assist and spring loaded impact tool. All adjustive techniques will be demonstrated as they relate to normal biomechanical kinetic chain of the lower extremity.
Hour 4	Discuss and demonstrate adjustive techniques for the Tarsometatarsal–“Lisfranc” articulation and Metatarsophalangeal joints. These adjustive techniques will include manual manipulation, drop assist and spring loaded impact tool. All adjustive techniques will be demonstrated as they relate to normal biomechanical kinetic chain of the lower extremity.
Hour 5	Discuss and demonstrate adjustive techniques for the Proximal Tibia and Fibula, Patella and Meniscus. These adjustive techniques will include manual manipulation, drop assist and spring loaded impact tool. All adjustive techniques will be demonstrated as they relate to normal biomechanical kinetic chain of the lower extremity.
Hour 6	Discuss and demonstrate adjustive techniques for the Hip. These adjustive techniques will include manual manipulation, drop assist and spring loaded impact tool. All adjustive techniques will be demonstrated as they relate to normal biomechanical kinetic chain of the lower extremity.